

AVAILABILITY GUIDE

ONTARIO FRUITS & VEGETABLES

| Commodity | J | F | M | A | M | J | J | A | S | O | N | D |
|---------------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|
| Apples | • | • | • | • | • | • | | • | • | • | • | • |
| Apricots | | | | | | | • | • | | | | |
| Asian Vegetables | | | | | | • | • | • | • | • | • | |
| Asparagus | | | | | • | • | | | | | | |
| Beans – Green/Wax | | | | | | • | • | • | • | • | | |
| Beets | • | • | • | • | | | • | • | • | • | • | • |
| Blueberries | | | | | | | • | • | • | | | |
| Broccoli | | | | | | • | • | • | • | • | | |
| Brussels Sprouts | | | | | | | | | • | • | • | |
| Cabbage | • | • | • | • | | • | • | • | • | • | • | • |
| Carrots | • | • | • | • | • | | • | • | • | • | • | • |
| Cauliflower | | | | | | • | • | • | • | • | • | |
| Celery | | | | | | | • | • | • | • | | |
| Cherries | | | | | | • | • | | | | | |
| Corn | | | | | | | • | • | • | • | | |
| Crabapples | | | | | | | | | • | • | • | |
| Cranberries | | | | | | | | | | • | | |
| Cucumber – Field | | | | | | • | • | • | • | • | | |
| Cucumber – Greenhouse | • | • | • | • | • | • | • | • | • | • | • | • |
| Currants – Red/Black | | | | | | | • | • | | | | |
| Eggplant | | | | | | | | • | • | • | | |
| Garlic | • | • | | | | | • | • | • | • | • | • |
| Gooseberries | | | | | | | • | • | | | | |
| Grapes | | | | | | | | • | • | | | |
| Leeks | • | • | | | | | | • | • | • | • | • |
| Lettuce – Assorted | | | | | | • | • | • | • | • | | |
| Lettuce – Greenhouse | • | • | • | • | • | • | • | • | • | • | • | • |

